"The South 40"

By JAMES A. SMITH
EXTENSION AGENT

Saturday, March 15, is the deadline for cattle owners to file a certification form for the upcoming Beef Referendum. If you don't have a farm, pick up one this office.

* * *

An area-wide Appomattox, Buckingham, Charlotte, Campbell and Prince Edward counties Dark Tobacco Meeting will be held March 25, 10:00 A.M. at the WVW Building in Appomattox.

We need to know who will be attending by March 22.

* * *

Last Thursday feeder pig prices on the Farmville sale were significantly higher. Pigs weighing 65 pounds brought $65.75 per head or $100.50 per CWT. Wiite pigs weighing 158 pounds brought $64.25 or $40.89 per CWT.

* * *

Before summer is over we'll see some relatively high price market hogs. This is a reflection of the Spring farrow ing report published last December.

* * *

How is energy consumed in the home utilized? The average residence uses 50% for space heating, 15% for heating water, 9% for heating water, 9% for refrigeration, 5% for cooking, 4% for air conditioning, 3% for television, 2% for food freezing, and 2% clothes drying and washing. Remainder used for lighting and small appliances.

* * *

At the Virginia Bankers Farm Credit Conference last month there was an in-depth look at our economy and a look at agriculture.

Dr. Harold Breimyer, University of Missouri, said, "There will probably be an increase in target prices or support prices in 1978."

Outside purchases, especially petroleum, will be the biggest drain on agriculture. Energy drain.

We can expect a decrease in

AT & T Employee Completes Training Program

George Wyatt Duff, Jr., mechanic for Appomattox Truck & Tractor, returned from a week-long training program at the Sperry New Holland Service Training Center at New Holland, Pa. While at the center he attended sessions in the service and repair of a wide variety of modern farm machinery.

Duff, who resides in Gladstone, has been employed by Appomattox Truck & Tractor for 1 year. He has a 10 year background in farming and mechanics.

The Sperry New Holland Training Center is one of the most modern training facilities in the nation for instructing dealer and company servicemen in farm machinery repairs. The company is among the world's ten largest farm equipment manufacturers. Providing quick, efficient service to farmers during critical harvest time is one of the company's top priorities.

Yesterday - Alive Today Theme For Saturday's Display

As part of the week-long celebration of Girl Scout Week, Appomattox Girl Scouts will take part in a high display of colonial crafts and artistic skills pertaining to the time of our country's founding.

In the weekend of the Triangle Plaza's upper level, local Girl Scouts will occupy the vacant building Saturday afternoon, March 15, from 1 to 3 p.m.

Each troop has worked on a revised colonial skill in preparation for the event.

There will be many working displays with the Scouts taking part in including: soap making, dressing dolls, quilting, and butter making. Also there will be a display of methods of colonial punishment.

A "Country Store" will be open with many authentic items for sale.

The underlying purpose of these projects besides the importance of retaining and passing on our heritage is that Girl Scouting tries to prepare girls for the future by helping them to understand the importance of human relations, teaching them useful skills, encouraging them to explore career opportunities, instilling in them the basic principles of good citizenship and, above all, strengthening them in their religious convictions.

ADDING MACHINE TAPE
For Sale - Times-Virginian
3-27-tf

PRECIPITATION:

Last Week	.52
This Month	.58
This Year	12.22

Inspirations Coming

The Singing Inspirations of Lynchburg will present a one hour program of sacred music this Sunday, March 16, at 4:00 at Reedy Springs Baptist Church, Spout Spring Virginia.

Everyone is cordially invited to attend.

$100 Rebate
Offer good through March 31.

when you install Dunham-Bush central air conditioning now.

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BULLETIN BULLETIN

30% DISCOUNT
Save $13 to $18 per tire on POLYGLAS

Regularly $39.25
$26
A78-13 plus $1.77 F.E.T. and tire off your car.

Custom Power Cushion Polyglas

This is America's largest selling tire — for lots of good reasons. Resilient polyester cord body for smooth-riding comfort. Tread-firming fiberglass belts for road-holding traction. A use-proved tread design that really delivers on mileage. This is a tire featured on many of the 1975 model cars. For three days only, Polyglas whitewalls are special priced at 30% off. Save now through Saturday.

WHITEWALLS

SIZE	FITS MODELS OF:	REG. PRICE	SALE PRICE	Plus F.E.T. and tire off your car
D78-14	Gremlin, Hornet, Javelin, Valiant, Duster, Barracuda, Maverick & others	$43.80	$36.66	$2.18
F78-14	Torino, Ambassador, Camaro, Cutlass, Chevelle, Challenger, Roadrunner, Charger & others	$48.15	$33.70	$2.47
G78-14	Torino, Montego, Century, Chevelle, LeMans, Charger, Roadrunner & others	$50.20	$35.14	$2.62
G78-15	Chevrolet, Polara, Galaxie, Monterey, Fury, Catalina & others	$51.55	$36.08	$2.69
H78-15	LeSabre, Riviera, Newport, Delaine, Monterey, Olds, Pontiac & others	$55.35	$38.74	$2.92
L78-15	Caprice, Buick Estate Wagon, Imperial, Monaco Wagon & others	$59.95	$41.95	$3.21

GOODYEAR
Appomattox Truck & Tractor
Conf. Blvd., Rt. 460 Appomattox, Va.

GOOD NEWS FOR HOMEMAKERS

If you are one of those people who did a lot of beefing about the price of beef last year, it's time you took another look at the meat counter. By watching the specials and planning to use all the meat you select, beef bargains can be found.

One of the most versatile bargains is ground beef. Even at the a pound, a cooked 3-ounce serving costs only 35c. That's less expensive than servings of chicken, turkey, tuna, or pork. Some grocers are advertising hamburger for 69c a pound if you buy at least 3 pounds. That's about 18c a serving.

For those who want leaner ground beef, the cost, obviously, will be more. However, some people find they can get 3 hamburgers instead of 4 out of the leaner ground beef since there is less shrinkage.

At home, ground beef should be stored in the coldest part of the refrigerator and used within one or two days. Wrapping it in foil will be longer than two days before the ground beef is cooked. Some people like to form the meat into hamburgers and freeze for later use. The patties separate easily if waxed paper is placed between each layer. Frozen hamburgers can be cooked without thawing.

Ground beef can be the basis for a lot more than hamburgers. A steaming bowl of chili with beans, hamburger pizza, or stuffed green peppers are just three of the many ways ground beef can add variety to meals. You might try making a large quantity of your basic hamburgered ground beef mixture and freeze in small packages for later use. Such a mixture might consist of ground beef, onion, tomato sauce, spices, and other seasonings. When stored in meal-sized amounts, the mixture thaws quickly and can be used for sloppy joes, chili dogs, and meat sauce for spaghetti or lasagna, just to name a few. Use your imagination and you will think of other ways to use this beef sauce.

Remember to use ground beef for company meals as well as for the family. Your guests are likely to enjoy a meal of meat loaf, creamed potatoes, and green beans just as much a your family, for a special touch, serve homemade muffins or cornbread. For dessert, you might offer your guests canned fruit over pound cake or ice cream.

This spring put beef back on your table in a variety of forms by using ground beef.

RECIPE OF THE WEEK
WALDORF ASTORIA RED VELVET CAKE

½ cup shortening
1½ cups white sugar
2 eggs
2 oz. red food colering
1 level tbsp. cocoa
1 tsp. salt
1 cup buttermilk
2½ cups flour
1 tsp. vanilla
1 tbsp. vinegar
1 tsp. soda

Mix vinegar and soda in just do not ba coloring before Pour into 9 in. pan for 35 minutes at 350 FLUFF FROSTING

1 cup milk & ¼ cu until thick and sugar & ½ cup C butter (beat unti high speed mixer mixture and 1 Continue beating.

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Oakville

Gladys Taylor of Kings... has been spending days with her sister, Blankard.

and Mrs. Marshall r, Mrs. Gladys Taylor Allie Drinkard were dinner guests of Mr. and Kennett Smith of Lynch... Helen Bussey phanie of Roanoke them for the birthday

to hear Mrs. Murrel is in the Lynchburg ital. Hope she will home.

y, son of Mr. and Mrs. Campbell, is receiving ts at Lynchburg Gen... pital. Visiting Mr. D. Lewis on ere Mr. and Mrs. Dan ady, Cheryl and Mr. Carl Campbell heights.

unity was sadden... ath of Mr. William sympathy is extended

er Cawthorne of Monday with her ester, Mrs. Maggie Bethel.

Mrs. Tom Moore Maggie Gardner

member the sick in We pray each may

guests of Mr. and ge were Mr. and Kerns, Tommy Lynchburg. Mr. Carl Wilkerson his home Sunday

Megginson will Baptist Hospital for surgery.

Mrs. Allen Gardner ng, were luncheon Sunday of Mrs. ther and Ethel.

guests in the home of Marshall Martin

Gordon Martin, Millicent and Timo... and Mrs. Riley Visiting in this Monday were Mr. and Cindy.

ting in the home of Mrs. Roland Smith eek end were Mr. arles R. Smith and Virginia Beach, Mr. Joel W. Smith and Mrs. Curtis B. Moore sburg, Mrs. Molly Mrs. James Rogers, R. A. Lucado.

Campbell County Art Exhibit

Campbell County School will sponsor the Media Exhibit on 6, 1975 at the National Guard Armory. The exhibit will be open public on Wednesday p.m. until 8:00 p.m. Thursday from 9:00 a.m. p.m.

Approximately 32 companies are invited to display the audio-visual materials, books and media equipment. The librarians are working under the direction of Gladys E. Pannell, Media Coordinator for Campbell County Schools. School personnel and students from Campbell County, surrounding counties and Lynchburg have been invited to participate. Parents and interested persons are encouraged to visit the exhibit which is open to the public.

Throught the cooperative efforts of the librarians and exhibitors, exciting and useful door prizes will be given.

Dr. Vaden To Be Guest Speaker

Mr. Robert Carter, Appomattox Primary School PTA President, has announced the program for March 20, 1975. Dr. Vaden, Pediatrician practicing in Lynchburg, will talk to the PTA on "A Good Life for Children". Dr. Vaden has included a question-answer period for your relevant thoughts. Mr. Carter feels we are indeed fortunate to obtain this person and is inviting the community to attend.

Mark your calendar now and plan to hear this fine speaker on March 20, 1975 at 8:00 p.m. in the Media Center of Appomattox Primary School.

Home Demo Club To Mee

The Wreck Isla Homemakers Cla the home of Mrs. March 19th at 12 Carson will demon ve and care for Members plan to Visitors are welco

STAPLERS & S
Every home and one - Times-Virgin

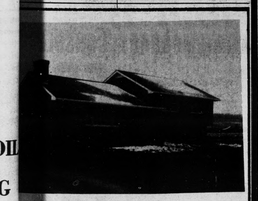
Arthritis Foundation Announces Appointment

The Central Virginia Branch of the Arthritis Foundation announced the appointment of Mrs. Caroline Myers as Executive Secretary. Mrs. Myers will work with the Board of Directors in implementing patient service, professional education, public information and fund raising activities.

Mrs. Myers is a 1958 graduate of Tyrone High School, Tyrone, Pa. and the Zeth Altoona School of Cosmetology, Altoona, Pa. She has held positions with the Tyrone High School as Secretary to the Principal, General Dynamics, San Diego, Calif., as Department Clerk and since residing in Lynchburg she worked with the Arthritis Foundation and Kelly Services. She is a member of Grace Memorial Episcopal Church in Lynchburg.

She is married to Paul Myers who is Assistant Vice-President of Columbia Mortgage Co., and has two children, Vicki and Brian, who attend Boonsboro Elementary School.

Anyone needing information concerning the Central Virginia Branch of the Arthritis Foundation can contact Mrs. Myers by calling 384-6263. Within the next few weeks a representative may be telephining you to call on your neighbor in The 1976 Victory March.



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00 Sq. Ft. Finished living space 66 sq. ft. unfinished space with ished in bath.
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Appomattox, Virginia

Shown above is Mrs. Shirley Walton, Mrs. C. G. O'Brien and other ladies of the community working in an upholstery workshop. A Home Economist is involved in various activities of the community.

Home Economist Get Involved

The Appomattox County High School Career Council's monthly meeting was held February 19, 1975 in the auditorium. Our topic selected for this month's program was centered around the activities and opportunities for a Home Econom ist in the community. Our guest speaker, Mrs. Shirley Walton is an Extension Agent here in Appomattox County.

Mrs. Walton presented an interesting slide presentation entitled "Home Economist - Get Involved!!!". She discussed with us the various responsibilities of being a successful Home Economist. The job opportunities are very good, we found out that various stores and services in our community that involve the "know-how" and guidance of a Home Economist. Mrs. DeFew our guidance counselor at ACHS and sponsor of the Career Council, led a short question-answer period for those students interested in education requirements and experiences involved in being a Home Economist.

Members of the Career Council want to thank Mrs. Walton for taking the time to come speak with the students at ACHS. Also we are very proud to have her in Appomattox County working as an Extension Agent and Home Economist.

Jaycees Donate To Gladstone

Ronnie Spiggle of the Appomattox County Jaycees, left above, is shown presenting donation of $50.00 to Gladstone Volunteer Fire Department.

Accepting the check, right above, on behalf of the fire department was Russell McFadden, Chief of Gladstone Volunteer Fire Department, one of the many civic organizations supported by the Appomattox County Jaycees.

EMERGENCY FIRST AID 352-5425 APPOMATTOX COUNTY RESCUE SQUAD

IDEAL SPIRITUAL SINGERS TO SING AT PLEASANT BAPTIST CHURCH

The Ideal Spiritual Singers from Green Bay, Va. will sing at Mt. Pleasant Baptist Church in Pamplin, Sunday, March 16 at 3 p.m.

The public is cordially invited.

SHERWILL 4-H CLUB

The Sherwill 4-H Club met at the home of Leslia King Feb. 24. Scot King and Matthew Webb were visitors at our meeting. Miss Kathryn Wood and Mrs. Embra Tilletson, extension agent came and talked about demonstrations and project looks they also answered many questions. We also talked about the **Share-THE Fun Contest.** That's coming up which will be held March 20, at 7:30 at Yellow Branch Elementary. Dress Review April 3, and County Contest Day, Sat., April 12, starting at 8:30 in the morning.

Some reported special activities they were Beth Matthew reported about the Saddle Horse Clinic that took place in Roanoke Feb. 22, at the Crafty Fox. This was sponsored by Roanoke Valley Horseman's Association, United Professional Horsemen at the Crafty Fox. Charlie Matthew also took part in this.

Yolonda Pash and Tucker Swanson, extension agent were guests at Tyranna Ruritan Club, in December. She presented a program on Historical places in Campbell County.

Ann Evans reported she is presently enrolled in VPI evening extension course in Horse Science. Held weekly in Chatham, Va. over a period of nine weeks. Her parents are also participating in this class.

Ann is again giving riding lessons beginning the first week in March. She will be participating in a 3 day quarter horse show Feb. 28-Mar. 1 & 2 in Georgetown, S.C.

Our new leader Mrs. G. H. Coleman, Jr. was with us. The next meeting will be held at the home of James Hancock III March 24, 1975. Each member will be given a chance to practice their demonstrations for County Contest Day at that meeting.

Beth Matthew, Reporter

Save $150 on your fuel costs!

You've seen the television commercials - "Spend a day in your attic. Save about $150* a year on heating and air conditioning."

With fuel costs skyrocketing and prices going through the roof, you need all the insulation you can get to keep your heat from going through your roof.

If you haven't got any insulation, get Fiberglas* 6 inches thick. If you've already got some, bring it up to 6 inches. Installation is easy. So spend a day in your attic now, and save about $150* a year.

3½ Ft. — 9½ Sq. Ft.
6 Ft. — 17¢ Sq. Ft.

*Heating and cooling savings gained by adding 6" Fiberglas insulation to a 1-000-sq. ft. uninsulated attic
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SATTELLITE Coupe - V-8 - Fully Equipped - Factory Air Condition - Vinyl Seats - Extra Clean - One Owner

1974 Chevrolet
MONTA CARLO - 850 V8 - Fully Equipped - Factory Air Condition - AM/FM Radio - Low Mileage - One Owner - Extra Clean

1973 Chevrolet
CAPRICE - 4 Dr. Hardtop - 400 - V-8 Fully Equipped - Factory Air Condition - Low Mileage - One Owner - Extra Clean

1973 Olds
DELTA 88 - 4 Dr. - 455 - V-8 Engine - Fully Equipped - Factory Air Condition - Vinyl Seats - AM/FM Radio - Extra Clean - One Owner.

1974 Chevelle
MALIBU COUPE - 350 - V-8 Engine - Fully Equipped - Factory Air Condition - Vinyl Roof - White Wall Tires - Extra Clean - 7000 miles - One Owner.

1973 Chevelle
MALIBU 4 Door - 350 - V-8 - Fully Equipped - Factory Air Condition - Vinyl Roof - Extra Clean - Low Mileage - One Owner.

1974 Chevrolet
NOVA Coupe - 350 V-8 - Fully Equipped - Factory Air and Extra Clean - One Owner

1972 Chevrolet
BELAIR - 4 Door - 454 V-8 - Fully Equipped - Factory Air Condition - Vinyl Seats - Extra Clean

1972 Dodge
POLARA - 4 Door - V-8 - Fully Equipped - Factory Air Condition - Vinyl Seats - Extra Clean - One Owner

1973 Chevrolet
MONTA CARLOLaundau Coupe - 350 V-8 - Fully Equipped - Factory Air Condition - AM Radio & Tape - Swing Out Bucket Seats - Extra Clean - One Owner

TRUCKS

1973 Jeep
½ Ton - 4 Wheel Pickup - 360 V-8 Automatic Transmission - Power Steering - AM Radio - Rear Step Bumper - Extra Clean - One Owner

1974 Jeep
½ Ton - 4 Wheel Pickup - 360 V-8 - Automatic Trans. - Power Steering - Air Condition - Radio - Rear Step Bumper - Low Mileage - One Owner

1974 GMC
½ Ton Pickup - 350 V-8 Turbo Hydra Transmission - Power Steering - Air Condition - Radio - Rear Step Bumper - 5,000 Miles - Like New

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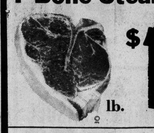
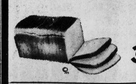


Pure **Ground Beef** 79¢ lb.

Valleydale **Bologna** 12 Oz. Pkg. 59¢

Round Steak lb. $1.09

Bread 3 for $1.00



Valleydale **Franks** 79¢ lb.

Mr. Pibb 8 16 Oz. Bottles 89¢
Free Sample - Try Before you But It-NEW

Kennebec **Seed Potatoes** Limited 50 lbs. $3.50

Old Milwaukee Beer 6 - 12 Oz. Cans $1.29

Monticello **Milk** Gal. $1.69

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ROUTE 727 SOUTH APPOMATTOX, VIRGINIA